



**AGENDA  
PARKS AND RECREATION ADVISORY COMMITTEE  
REGULAR MEETING  
APRIL 8, 2025  
5:00 PM  
CITY HALL COMMISSION CHAMBERS  
204 ASH STREET  
FERNANDINA BEACH, FL 32034**

- 1. CALL TO ORDER**
- 2. ROLL CALL**
- 3. PLEDGE OF ALLEGIANCE**
- 4. APPROVAL OF MINUTES**
  - 4.1 March 2025 Regular Meeting Minutes (Approve Meeting Minutes)
- 5. PUBLIC COMMENT REGARDING ITEMS NOT ON THE AGENDA**
- 6. DISCUSSION ITEMS**
  - 6.1 Combining Parks And Recreation Advisory Committee And Golf Club Advisory Board (Update On Combining Committees)
  - 6.2 Waterfront Park Playground Area/Structure (Recommendation To The City Commission / Staying Within The Area Of The Existing Plan Or Expanding The Area To Fit A Larger Play Structure In The Park)
- 7. STAFF COMMENTS**
  - 7.1 Staff Update (Update On Projects And Programs)
- 8. BOARD MEMBER COMMENTS**
- 9. ADJOURNMENT**

All members of the public are invited to be present and be heard. Persons with disabilities requiring accommodations in order to participate in this program or activity should contact the City Clerk at 904-310-3115 or TTY/TDD 711 (for the hearing or speech impaired).

The Parks and Recreation Advisory Committee met for a regular meeting on Tuesday, February 11, 2025, at 5:00 p.m., located in Commission Chambers at City Hall 204 Ash Street. Present were Chair Camera, Vice-Chair Mountjoy, Member Spaulding, Member Cocchi, Member Pearlstine, Member Curry, Member Gunn.

**1. CALL TO ORDER**

**2. ROLL CALL**

**3. PLEDGE OF ALLEGIANCE**

**4. APPROVAL OF MINUTES**

- 4.1 February 2025 Regular Meeting Minutes (Approval of Minutes)  
Member Cocchi – motion to approve. Second by Vice Chair Mountjoy; All Aye.
- 4.2 March 2025 Workshop Minutes (Approval of Minutes)  
Vice Chair Mountjoy – motion to approve with edits. Second by Member Cocchi; All Aye.

**5. PUBLIC COMMENT REGARDING ITEMS NOT ON THE AGENDA - none**

**6. DISCUSSION ITEMS**

- 6.1 Skate Park Expansion (Discussion of Conceptual Design and Next Steps for Skate Park Expansion)  
Director Scott Mikelson reviewed a brief history, status and future of the Skate Park expansion. Melissa Oliver, Waldemar Borrero, Michael Nichols, Quinn Johnston, Poe Pinson, Kenny Pinson. Gento Sierro, Taj Odum, Cadence Hauser, Amy Johnston, City Manager Sarah Campbell commented.

Board members discuss financials and timeline on the Skate Park Expansion. Member Cocchi motion to approve city staff and PRAC to work with the county on the skate park expansion alongside the beach harmonization plan with funding and timeline. Vice Chair Mountjoy seconded, All Aye

**7. STAFF COMMENTS**

- 7.1 Staff Comments – Director Scott Mikelson discussed project updates

**8. BOARD MEMBER COMMENTS - none**

**9. ADJOURNMENT:** Chair Camera adjourned the meeting. The meeting was adjourned at 6:32pm

Approved by: \_\_\_\_\_

Chair, Thomas Camera



# INITIAL SKETCH

Please note: this is a sketch.

This design will need to go through a detailed design phase for the final design. Design approval documentation will be provided by KOMPAN Design Studio to be signed by the end client or Sales Team prior to the order being placed.

**KOMPAN**<sup>®</sup>  
Let's play

## KMS9700794

Coastal Hardy



Created 4.3.2025

Designer RekVal

**Designentwurf**

Bitte beachten Sie, dass es sich hierbei um einen Entwurf handelt.

Dieser Entwurf muss noch eine ausführliche Entwicklungsphase durchlaufen, bevor das finale Design feststeht.

Die Dokumentation für die Designfreigabe wird vom KOMPAN Design Studio zur Verfügung gestellt und muss vor der Bestellung vom Endkunden oder dem Vertriebsteam unterzeichnet werden.

**Diseño provisional**

Tenga en cuenta que esta es una versión provisional.

Esta versión deberá superar un minucioso proceso de diseño antes de tener lista la versión final.

KOMPAN Design Studio aportará la documentación de aprobación del diseño, que el cliente final o el equipo comercial deberán firmar antes de hacer el pedido.

**Conception de croquis**

Veuillez noter qu'il s'agit d'un croquis.

Ce modèle devra passer par une phase de conception détaillée avant que le modèle final ne soit prêt.

La documentation d'approbation de la conception sera fournie par KOMPAN Design Studio et doit être signée par le client final ou l'équipe des ventes avant que la commande ne soit passée.

**设计草图**

请注意，此为设计草图。

此设计仍需进一步完善，并非最终设计。

设计审批文件将由 KOMPAN Design Studio 提供，经最终客户或销售团队签字后方可下单。

# Design

**Coastal Hardy:** Key structural elements are upgraded for Coastal Hardy (specified in General Conditions).

**ASTM F1487** / 2–5 years

Inground Footing

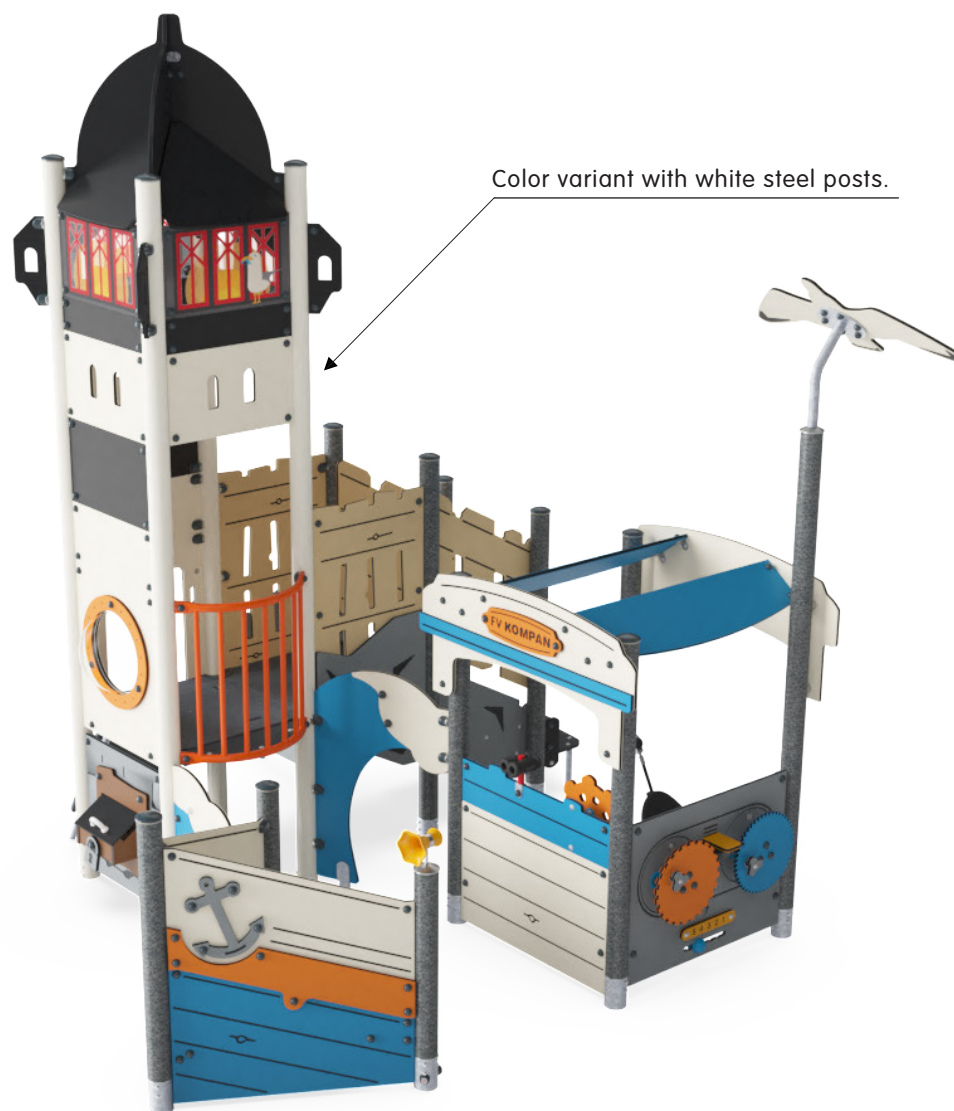


# Design

**Coastal Hardy:** Key structural elements are upgraded for Coastal Hardy (specified in General Conditions).

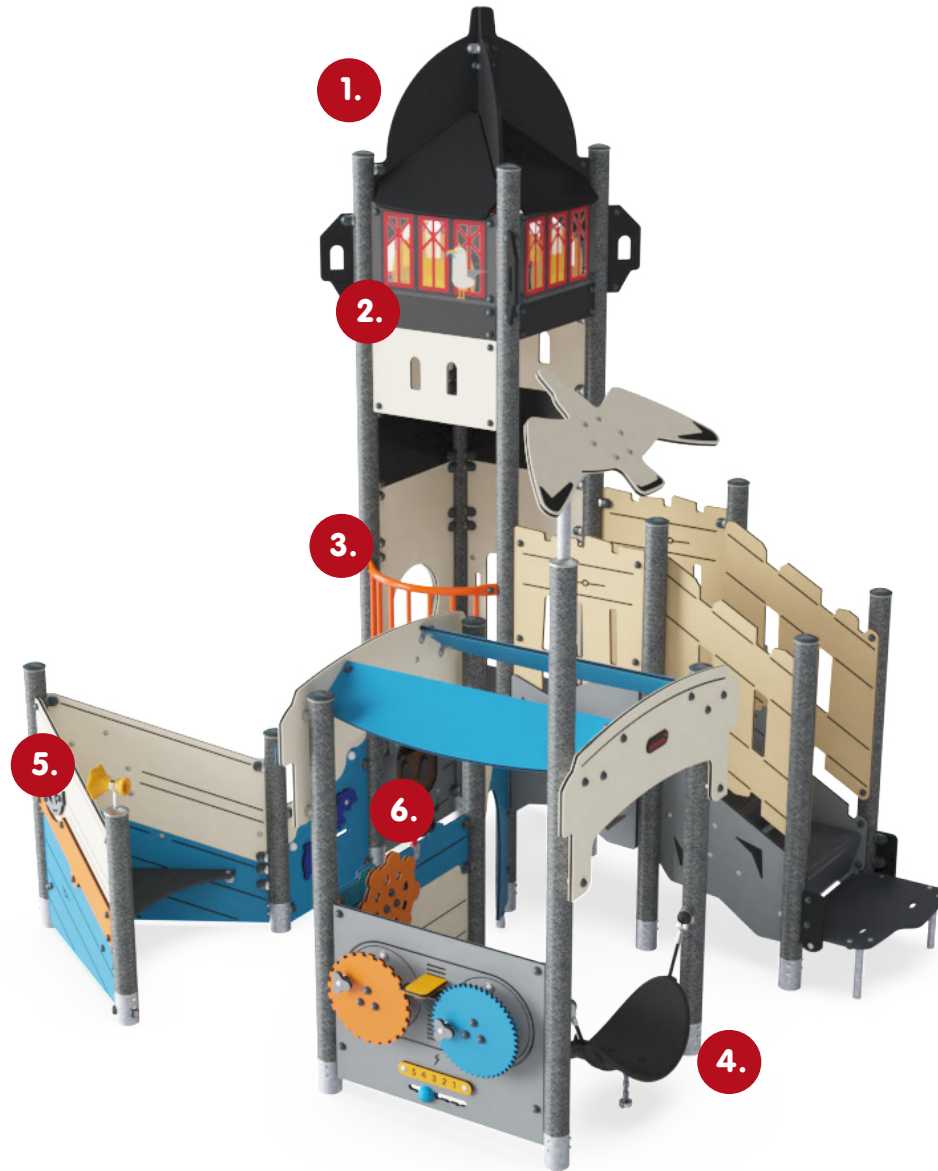
**ASTM F1487** / 2–5 years

Inground Footing



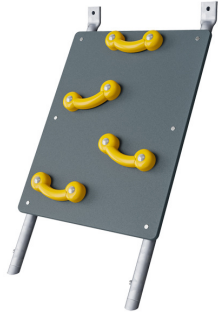
# Activities

- 1. Custom HDPE rooftop
- 2. Custom graphic
- 3. Balcony
- 4. Hammock
- 5. Megaphone
- 6. Dolphin panel



# Activities

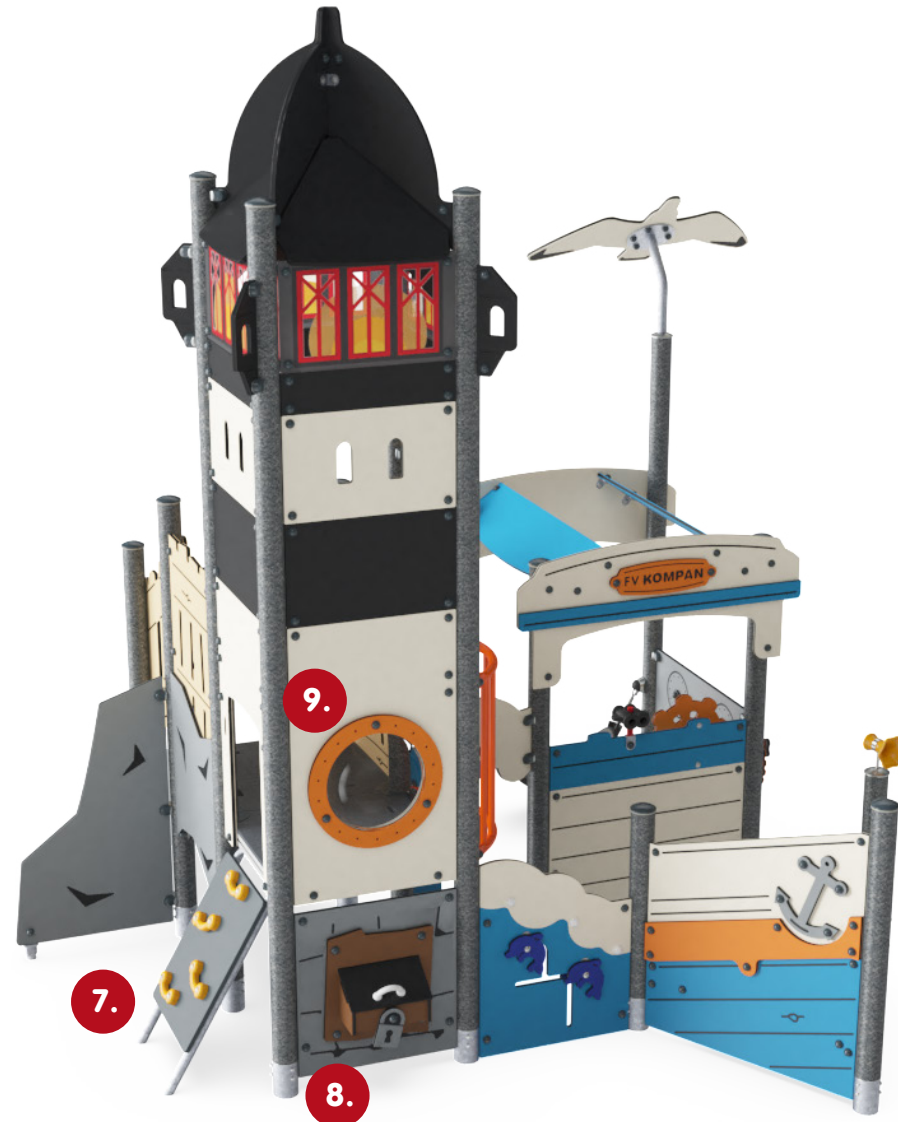
## 7. Climbing wall



## 8. Treasure box



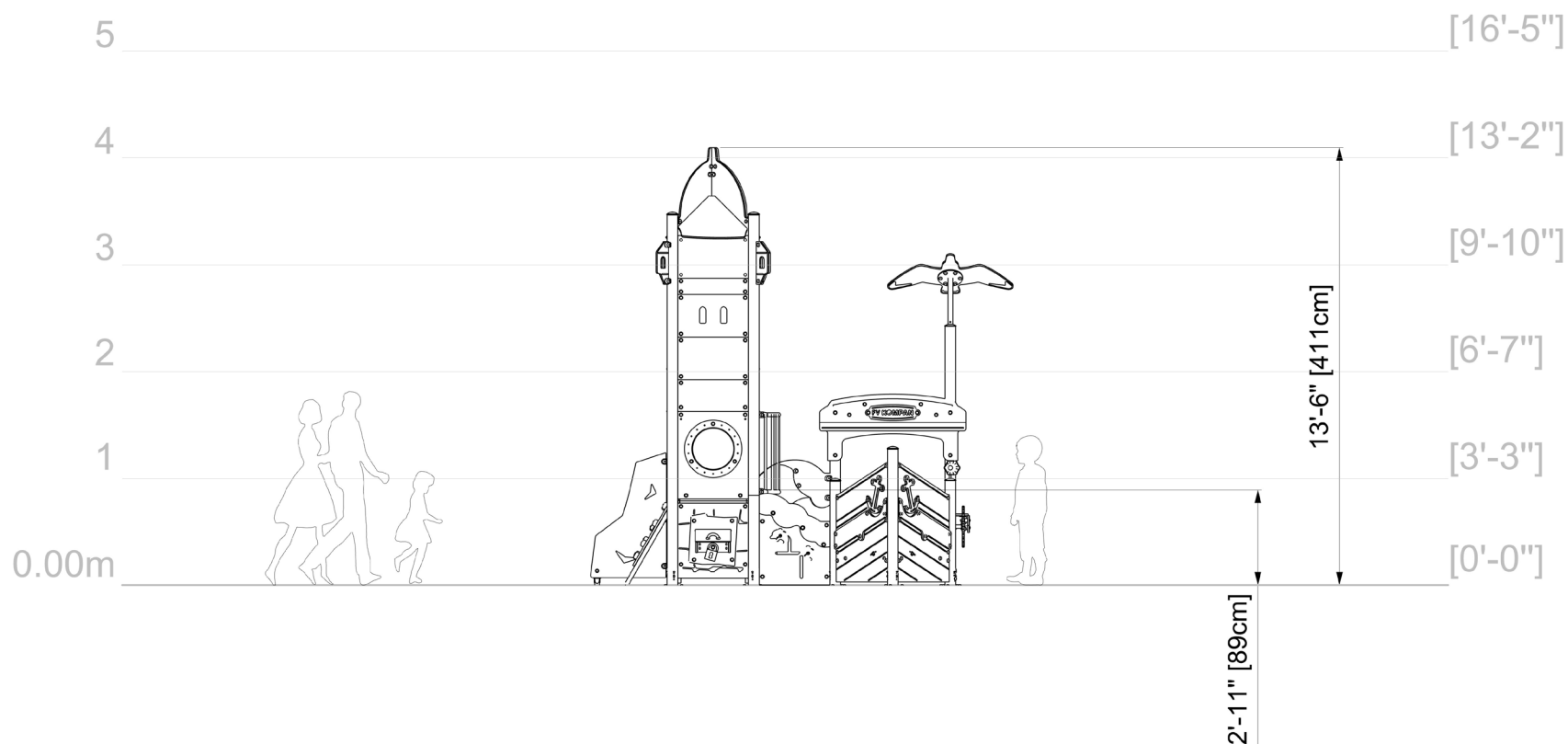
## 9. Bubble window



# Sideview

## ASTM F1487

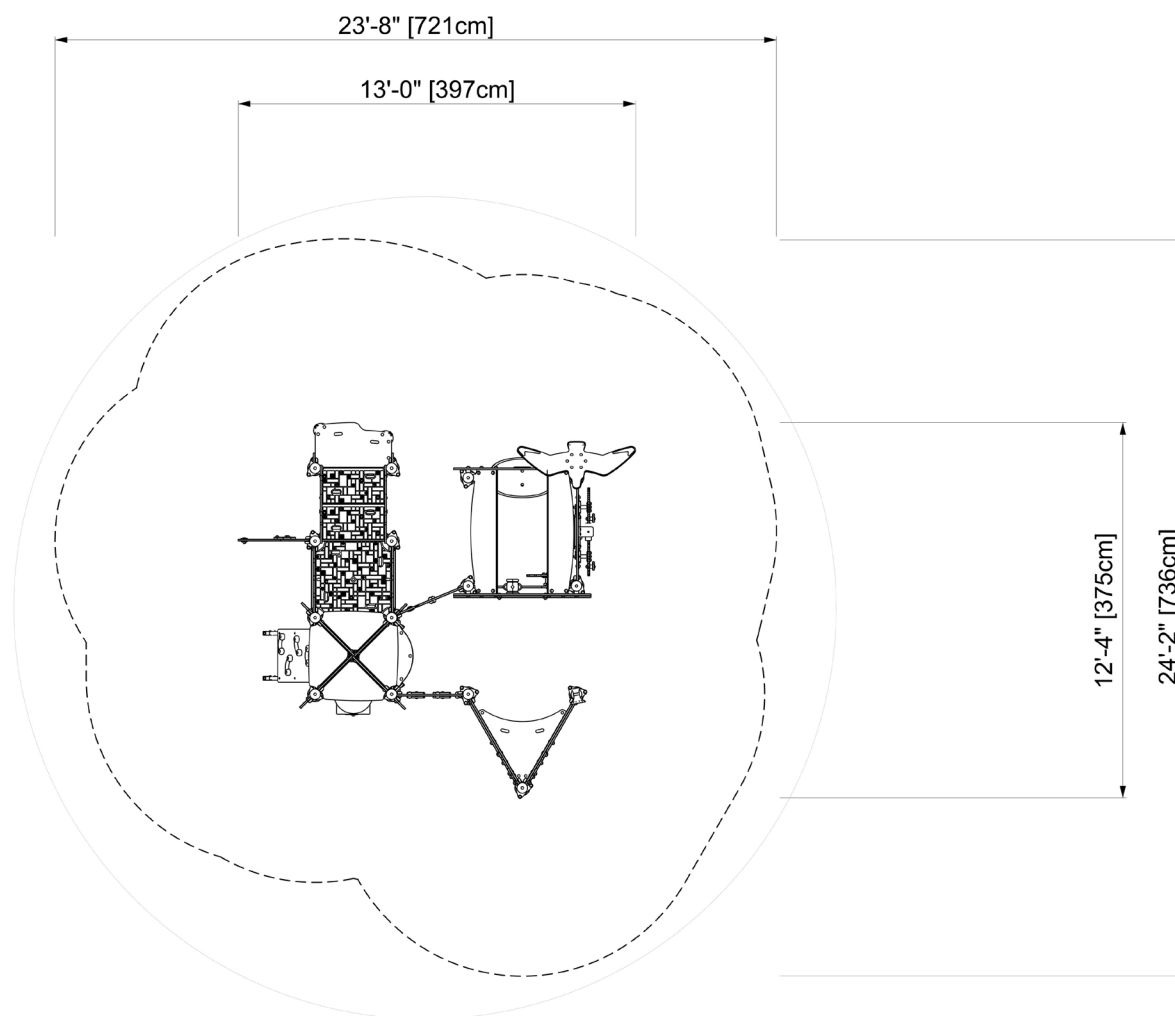
Max. fall height: **2'-11"** [89cm] / Total height: **13'-6"** [411cm]



# Footprint

## ASTM F1487

Max. fall height: **2'-11"** [89cm] / Total height: **13'-6"** [411cm] / Use zone area: **439.8ft<sup>2</sup>** [40.9m<sup>2</sup>]

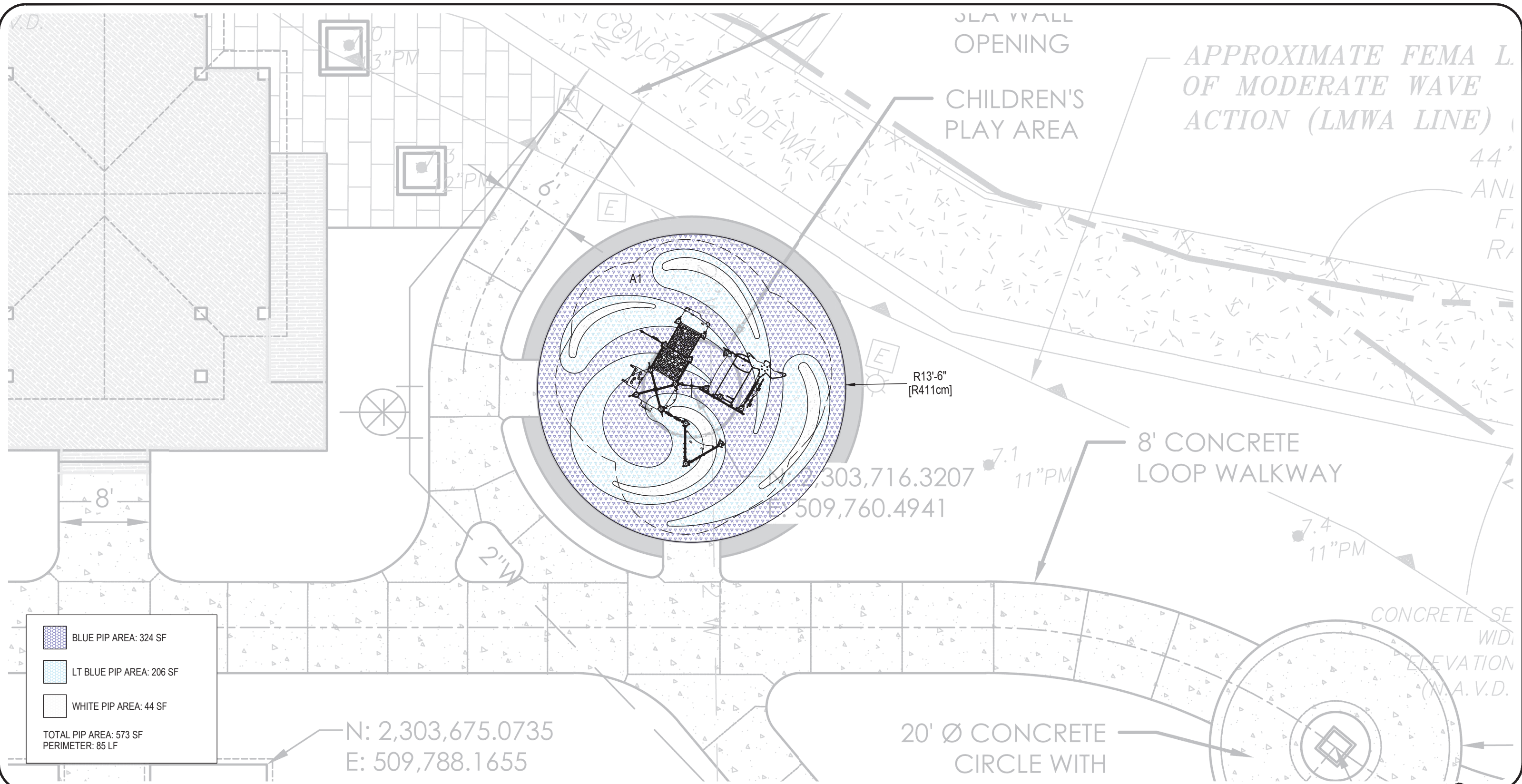




**Please note: this is a sketch.**

This design will need to go through a detailed design phase for the final design. Design approval documentation will be provided by KOMPAN Design Studio to be signed by the end client or Sales Team prior to the order being placed.





| # | Product Number     | Product Name                       | M.F.H. | Count |
|---|--------------------|------------------------------------|--------|-------|
| A | KMS9700794_ASTM_IS | Custom Lighthouse Structure w Boat | 2'11"  | 1     |

**FERNANDINA BEACH  
PARK**

123 South Front St  
Fernandina Beach, FL 32034  
Site Plan - Option 2



MANUFACTURER'S SHOP DRAWING:

FOR USE BY CONTRACTOR, ENGINEER, OR DESIGN PROFESSIONAL OF RECORD. SEE SIGNED SALES PROPOSAL FOR COMPLETE SCOPE TO BE PROVIDED BY KOMPAN OR REPRESENTING AGENCY. CONFIRM FINAL PLAN AND SCOPE WITH KOMPAN SALES REP OR PROJECT MANAGER PRIOR TO USE FOR REVIEW, PERMITTING, OR CONSTRUCTION.

TO BE READ CONTINGENTLY WITH KOMPAN'S STANDARDS FOR SITE PREPARATION, MATERIALS AND INSTALLATION PROCESSES. PROVIDED AFTER EQUIPMENT PURCHASE. A COMPLAINT PLAYGROUND TO KOMPAN'S STANDARDS MUST SATISFY ALL REQUIREMENTS IN THE CODE OF CONDUCT.

SLAB BY OTHERS UNLESS OTHERWISE NOTED. FOR SURFACE MOUNT OPTIONS, THE CONCRETE REQUIREMENTS MAY BE UP TO 51/2" OF 3,500 PSI MINIMUM COMPRESSIVE STRENGTH. CONTACT KOMPAN FOR SPECIFIC PRODUCT REQUIREMENTS. ALL COMPOSITE STRUCTURES SHOWN REQUIRE A SITE GRADE OF 2% MAXIMUM, 1% OPTIMAL. SPECIFICATIONS FOR EACH KOMPAN STRUCTURE MAY BE FOUND AT KOMPAN.COM/KOMPANMASTER

DIMENSIONS OF PLAY AREA, SIZE AND ORIENTATION, LOCATIONS OF ALL EXISTING UTILITIES, EQUIPMENT AND SITE FURNISHINGS TO BE FIELD VERIFIED PRIOR TO CONSTRUCTION.

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| SALES REPRESENTATIVE |          |            | SHEET          |
|----------------------|----------|------------|----------------|
| Stacy Moseley        |          |            | K1.2           |
| REVIEW BY            | DRAWN BY | DATE       | REVISION NOTES |
| DESIGN               | JonSch   | 03/13/2025 |                |
| REV. NO.             | REV. BY  | REV. DATE  |                |
| -                    | -        | -          |                |

LAYOUT IS IN ACCORDANCE WITH ASTM F1487



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#### Binding approval for Variant Design

When pressing "Prepare to order" in CRM all purchases are subject to this design. This design is defined under its own KOMPAN identification number, which is stated in upper right corner. All constructional details, dimensions, materials, colours and specifications shown on attached datasheets (plan, side, perspective view + safety zone) are hereby accepted when placing the order. Changes are no longer possible.

Notwithstanding the aforementioned and without changing the overall design, Variant Team may in the construction phase, without obtaining approval, perform smaller modifications when deemed beneficial or necessary for the construction. All other modifications are subject to prior approval.



## NRO-SHIP-CUSTOM

# 900225

|                     |                                                                                   |
|---------------------|-----------------------------------------------------------------------------------|
| Variant of:         | NRO543-1011                                                                       |
| Footings:           | WOOD 100 cm                                                                       |
| Include Spec Parts: | Yes                                                                               |
| Color:              | Treated version                                                                   |
| Comments:           | New rope ladder,<br>new parts at front<br>of ship, colored<br>partss grey (-0041) |



SPECIAL CONCRETE FOR FRONT PART OF SHIP

PLEASE NOTE: THIS IS A SKETCH

Designer MatCha  
Created 27.02.2025

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NRO-SHIP-CUSTOM

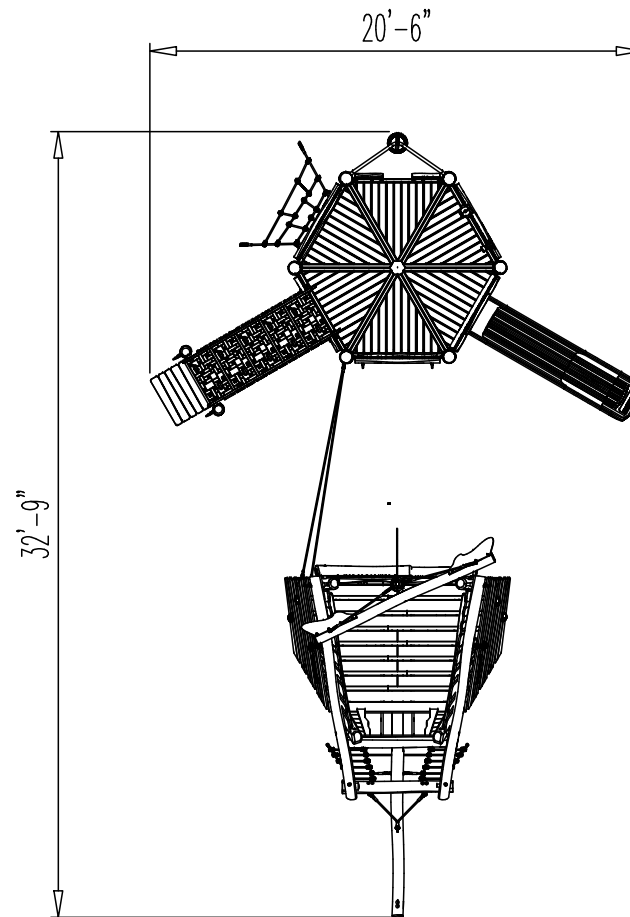
900225



NRO-SHIP-CUSTOM

900225

1":1/8"

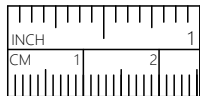
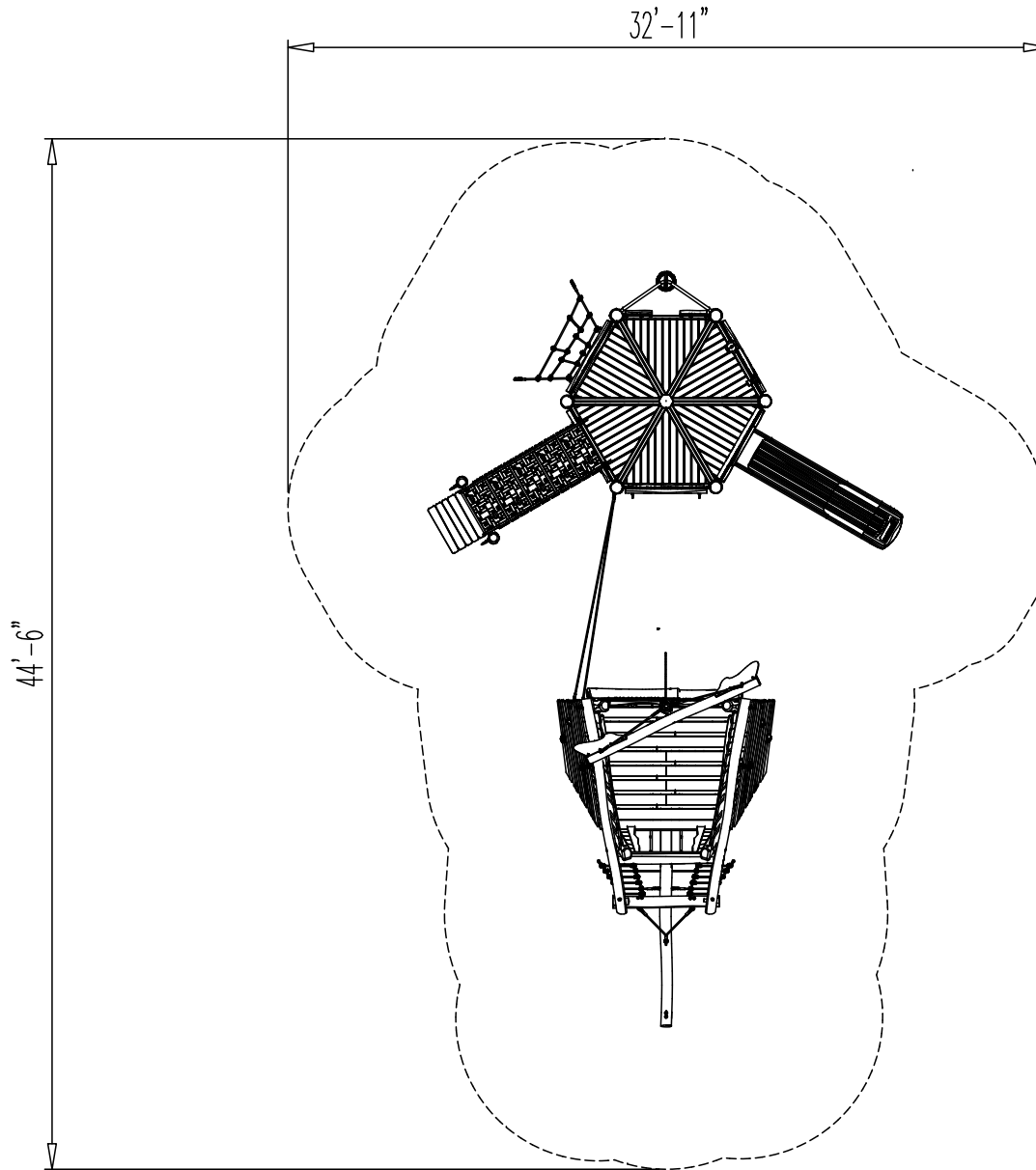


ASTM F1487

NRO-SHIP-CUSTOM

900225

1":1/8"

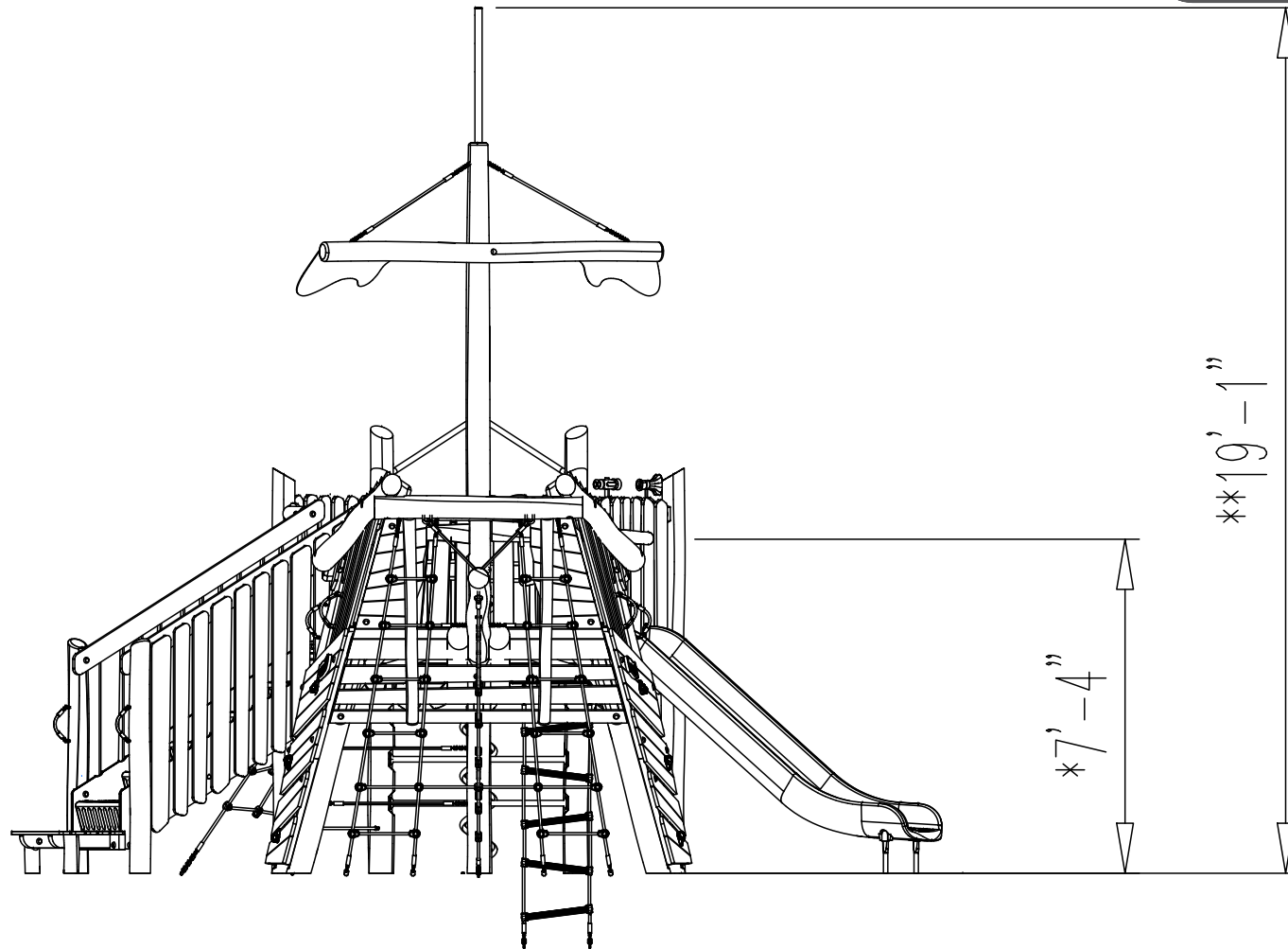


ASTM F1487

NRO-SHIP-CUSTOM

900225

1:1/4"





## **Projects:**

- 1) Atlantic Recreation Center Façade Repairs: **Complete**

Notes:

- 2) Beach Access: North Beach Park: Completion prior to Shrimp Festival weekend. This will include: boardwalk, the roof on the gazebos, two new picnic tables, and grading of the parking lot.

*Following North Beach Park: Jean Lafitte Boardwalk*

Notes:

- 3) Third and final phase of Skatepark Rehabilitation: Expected repairs end of April.

Notes:

- 4) Atlantic Recreation Center Window Replacement: Commencing in April.

Notes:

- 5) Hickory Street Park Bathrooms: Delivery date: Middle of May

Notes:

- 6) Batting Cage at Central Park: Demo scheduled for end of April, installation to commence early May.

Notes:

- 7) Men's locker room at Atlantic Recreation Center: Bids opened on March 27<sup>th</sup>, staff evaluating bids and choosing contractor.

## **Programs**

- 1) Please view Community Connection

Notes:

## **Upcoming Special Events:**

- 1) Pétanque: Central Park, April 12<sup>th</sup>/13<sup>th</sup>
- 2) Community Easter Festival: Downtown, April 12<sup>th</sup>
- 3) Nassau County FCA 5K: Main Beach, April 12<sup>th</sup>
- 4) Elm Street Little League: Charles Albert Field, Pack the Park April 19<sup>th</sup>
- 5) Sea Turtle Fest: Main Beach, April 19<sup>th</sup>
- 6) Wheels and Wings: Airport, April 26<sup>th</sup>
- 7) Sand Sculpture: Main Beach, Volleyball Courts, April 26<sup>th</sup>
- 8) Shrimp Festival: May 1<sup>st</sup> – 4<sup>th</sup>

- 9) Shrimp Festival 5K: May 3<sup>rd</sup>

Notes:

***On The Horizon:***

Discussions:

- 1) Waterfront Park Artwork
- 2) Columbarium

**Next Meeting:**

- 1) May 13, 2025



**FERNANDINA BEACH PARKS & RECREATION DEPARTMENT  
COMMUNITY CONNECTIONS, PARKS & RECREATION EDITION  
(3/24/2025)**

For more information, visit [www.fbfl.us](http://www.fbfl.us)

**NEWS AND EVENTS**

**We're Hiring for Summer!** Join our team as a **Lifeguard** or **Camp Counselor** and make this summer unforgettable! **Training provided for lifeguards if needed.** Call **310-3350** for more info. Apply now at <https://www.fbfl.us/Jobs> Don't miss this fun and rewarding opportunity.

**EASTER EGG HUNT** Join us at Central Park on April 5th for a fun-filled Egg Hunt! Bring your own basket and get ready to collect colorful eggs to redeem for a special goodie prize bag! 11:00 am at Central Park 1200 Atlantic Avenue. **Age Groups:** 0-2 years, 3-5 years, 6-8 years, 9+ years Plus, don't miss the Kids Corner by Villa Villacola for even more fun activities!

**NON-PROFIT FAIR** April 25<sup>th</sup> 10:00-1:00 pm Atlantic Rec Center 2500 Atlantic Avenue. This event will bring together organizations, volunteers, and community leaders to showcase the amazing work being within each organization. It's a great chance to learn more about the initiatives, discover ways to get involved, and network with like-minded individuals passionate about making a difference. Food Trucks on site for this Rain or Shine Event. Call 904-310-3350 for more information and/or to reserve your non-profit space, \$20 per booth. Must be registered by April 18<sup>th</sup>.

**COMMUNITY YARD SALE** April 5<sup>th</sup> from 10-2, Atlantic Rec Center 2500 Atlantic Rec Center. Crafters inside, Yard Sale booths and Food Truck outside for this rain or shine event. Space is limited, so call 904-310-3350 to register. \$20 per booth.

**SPORTS**

**OUTDOOR/INDOOR WALKING CLUB**

Outdoors (1-, 2-, and 3-miles routes) Monday – Thursday from 9:00-10:00am. Meeting locations: Mondays – MLK, Jr. Center parking lot; Tuesdays – Central Park west parking lot; Wednesdays – Egans Creek Park; Thursdays – Main Beach parking lot. Indoors at Peck Gym Monday, Wednesday, and Friday from 12:00-1:00pm. For more information, contact John Coverdell: [jcoverdell@fbfl.org](mailto:jcoverdell@fbfl.org); 904-310-3351.

**OPEN ADULT PING PONG** at the Atlantic Center.

Tuesdays from 9:00am-12:00pm and Thursdays from 4:30-7:00pm in the Atlantic Center Auditorium. All skill levels welcomed. Open recreation format: official ping pong serving and scoring rules shall be followed.

Loaner paddles and ping pong balls provided. For more information, call/text Don Hughes (904-415-0667) or Richard Stratton (904-321-2239).

### **OPEN ADULT CO-ED VOLLEYBALL** at Peck Gym

Tuesdays and Thursdays from 7:00-9:00pm. Informal team games on two courts. Teams selected each night. Ages 16 and up (ages 16 and 17 must have Parental Consent form signed by parents and notarized before participating). **\$3/night City resident, \$5 non-city.**

**OPEN BASKETBALL** at Peck Gym Monday-Friday 11:00am-7:00pm (court closes for school and club practices as well as adult leagues throughout the year, see Peck attendant or call 904-310-3354 for more details) People under the age of 16 must be accompanied by adults of the age of 18 or older. Photo identification must be presented to enter Peck Gym.

**PICKLEBALL** at Central Park Pickleball Courts. Six (6) lighted courts are available. For more information, including Scheduled Play and Open Play times, view the following link from the City of Fernandina Beach.

### **CENTRAL PARK TENNIS COURTS**

Four (4) lighted hard courts are available for open play. Courts 1 & 2 (closest to South 13<sup>th</sup> Street) reserved for instructed play during posted hours.

#### **ROD GIBSON TENNIS SERVICES** at Central Park Tennis Courts 1 & 2

Available instructed programs:

- **Private lessons:** Lessons with head professional - \$60 per hour City residents, \$70 Non-City; \$30/30 minutes City residents, \$35 Non-City. Lessons with professional staff - \$50/hour City residents, \$60 non-city; \$25/30 minutes City residents, \$30 Non-City.
- **Semi-private lessons:** Lessons with head professional + 2 players: \$35/hour City residents, \$40 non-city. Lessons with professional staff + 2 players: \$30/hour City residents, \$35 Non-City.
- **Group lessons:** Lessons with head professional + 3 players: \$24/hour City residents, \$27 non-city; + 4 players: \$18/hour City residents, \$20/hour Non-City; + 5 players: \$14/hour City residents, \$16 Non-City; + 6 or more players: \$12/hour City residents, \$14 Non-City. Lessons with staff professional + 3 players: \$20/hour City residents, \$24 non-city; + 4 players: \$15/hour City residents, \$18 non-city; + 5 players: \$12/hour City residents, \$15 non-city; + 6 or more players: \$10/hour City residents, \$12 Non-City.

To register for Junior or Adult clinics; or private, semi-private, or group lessons, email instructor Rod Gibson, USPTA Certified Elite Tennis Professional, at [rodgibsontennis@gmail.com](mailto:rodgibsontennis@gmail.com) or call 904-891-6927. 24 hours cancellation required for Adult Clinics and private, semi-private, and group instruction. Schedule and description of clinics available at the Atlantic Center or on the City's website: [www.fbfl.us](http://www.fbfl.us)

### **OPEN ROLLER HOCKEY** at the Main Beach Multi-Purpose Court

- Adult/Older Teens skate: Tuesdays from 5:00-6:00pm (Beginner) and Saturdays from 4:15-4:45pm (Easy) and 4:45-6:00pm (Advanced)
- Family skate: Tuesdays from 4:00-5:00pm and Saturdays from 3:00-

4:00pm. For more information, call Ray Matz: 215-852-7038

### **FITNESS AREAS**

- **Weight Room/Cardio Area** at Peck Gym, 510 South 10<sup>th</sup> Street  
Free weights, selectorized equipment, Matrix treadmills, Precor elliptical, Cybex Arc Trainer, Matrix recumbent and upright bikes, and Kettler rower. Ages 13 and up (ages 13-15 with adult supervision; ages 16-17 unsupervised but with waiver signed by parent or guardian). Open Monday - Friday from 11:00am-7:00pm (later hours on Tuesday and Thursday during

evening court sports activities)

- **Atlantic Fitness Room** at the Atlantic Center, 2500 Atlantic Avenue  
Precor treadmills and ellipticals; Precor recumbent and upright bikes; Concept 2 rower; Nautilus StairMaster Stepmill; Hammer Strength plate loaded fitness equipment; Magnum Fitness Biangular Series machines; and free weights. Ages 13 and up (ages 13-15 with adult supervision; ages 16-17 unsupervised but with waiver signed by parent or guardian). **Fall hours:** Monday-Friday from 5:30am

9:00pm (5:00-9:00pm for membership holders only), Saturday from 5:30am-4:00pm; and Sunday from 9:00am-2:00pm (membership holders only on Sunday).

Text FBGym to 91896 for updates on fitness hours sent directly to your phone.

**Daily/monthly fitness area fees: City residents - \$5/day; \$30/month; \$90/four (4) months. Non- City residents: \$10/day; \$38/month; \$113/four (4) months. Daily fees and passes are valid at both fitness areas.**

Couples' rates are also available. Fitness/Pool combination passes are also available for use of Atlantic Fitness Room and Atlantic Pool. Information available at the Atlantic Center.

Personal training is available at the Atlantic Fitness Room with Melissa Taylor, certified through International Sports Sciences Association (ISSA). Single one-hour session, 3-pack (3 one-hour sessions), and 10-pack (10 one-hour sessions) packages available. Contact Melissa ([flexfitnessllc1@gmail.com](mailto:flexfitnessllc1@gmail.com); 904-430-7171) to set up a consultation.

Text FBGym to 91896 to have updates on gym hours sent right to your phone.

## **AQUATICS**

**Atlantic Pool schedule through March 31, 2025:** Monday-Friday - Lap swim and water exercise from 5:30-8:30am; Aqua Aerobics from 9:00-11:00am; closed from 11:00am-12:00pm; lap swim from 12:00- 3:50 pm. Saturdays and Sundays - Lap swim and water exercise from 9:00-2 pm. **\$5/day City residents, \$7 non-city.** Monthly rates are also available.

**March Aqua Challenge: "Work It Off!"** This month, we're challenging YOU to swim your way to **31,000 meters** by March 31st! Think you've got what it takes? Pick up a flyer with all the details at the pool deck. **Prizes** awarded to the first **three** swimmers to conquer the challenge! Get in, get moving, and work it off—one meter at a time!

**AQUA AEROBICS** at Atlantic Pool, 2500 Atlantic Avenue

Full pool; no separate shallow and deep-water classes. Monday – Friday at 9:00am and 10:00am and shared pool for 4 pm classes.

**MLK Pool 1200 Elm Street, Full pool; no separate shallow and deep-water classes. Tuesday, Wednesday, and Thursdays 4 pm classes.**

**Monthly, 1 class/day:** \$40 City residents, \$75 non-city residents. \$7/day for one class City residents, \$10 non-city. 10- admissions' pass: \$60 City residents, \$75 non-city for 1 class/day.

Aqua Aerobics/Fitness combination passes available (includes use of Atlantic Fitness Room). Inquire at Atlantic Center.

Text FBPool to 91896 to have pool updates sent directly to your phone.

**BEACH WHEELCHAIRS** can be reserved at the Atlantic Center. Four (4) wheelchairs available. Call 904-310-3350 for availability.

## **YOUTH PROGRAMS/ACTIVITIES**

**SUMMER SWIM LESSONS REGISTRATION** opens April 7<sup>th</sup> for City Residents and on April 14<sup>th</sup> for Non-City Residents. Swim lessons for Beginner and Advanced beginners free for City Residents, registration required. Call 904-310-3350 or sign up in person at 2500 Atlantic Avenue.

## **INSTRUCTED PROGRAMS**

**JAPANESE JU JITSU and KENJUTSU** at the Peck Center, 1<sup>st</sup> Floor Instructors' Studio, 516 South 10<sup>th</sup> Street

Ju Jitsu involves striking, kicking, throwing, and submission through joint locks and finishing techniques. Kenjutsu involves use of the katana (sword) and bokken (wooden sword). Both classes ages 12 and up. Ju Jitsu is offered Tuesdays from 7:30-8:30pm and Thursdays from 6:30-7:30pm: **\$8/class or \$60/month City residents;**

**\$10/class or \$75/month non-city.** Kenjutsu offered Tuesdays from 6:30-7:30pm: **\$8/class or \$30/month City residents; \$10/class or \$36/month non-city.** For more information and to register, contact Sensei Jeff Weisfeld: 443-864-3331; [ameliaislandbushido@gmail.com](mailto:ameliaislandbushido@gmail.com).

**BOOTCAMP CLASSES** at Main Beach

Take part in instructor Charity Ross's Bootcamp at Main Beach (some classes at Egans Creek Park – late fall and winter months). These outdoor workouts will challenge your aerobic and anaerobic capacities and core strength with sprint drills, plyometric exercises, and conditioning circuits.

**\$150/month per participant.**

Weekly class schedule: Tuesdays & Thursdays from 6:00-7:00am, 7:00-8:00am, and 5:30-6:30pm; Saturdays from 7:00-8:00am (3 classes per week recommended). Contact Charity via Facebook (Ross Fitness); Instagram (@charityrosspt); or call Charity with questions: 904-729-7965.

**YOGA** at the Atlantic Recreation Center Instructors Studio

Tuesdays and Thursdays at 10:00am. Please bring a mat and wear comfortable clothes. \$20 per person per class. For more information, contact instructor Lynn Aiello ([aster353@msn.com](mailto:aster353@msn.com); 856-904-7160).

**AERIAL SILK DANCE CLASSES** at the Atlantic Center

Ages 9 and older. Students learn movement, flow, and poses using the two strands of fabric wrapped around the body in various ways while suspended in the air to create Aerial Dance. Beginning, intermediate, and advanced skills are taught along with whole body stretching and strength conditioning. Students start by learning the basics and safely master skills to progress in levels while working at their own pace. 1 hour per class. Schedule: Monday – Thursday from 3:00-8:00pm on the Atlantic auditorium stage; and Tuesday only from 3:00-6:00pm in the Atlantic Instructors Studio. **\$180 per month for 8 classes over 4 weeks; \$90 per month for 4 classes over 4 weeks.** Contact instructor Marah Lovequist at 904-556-6957 for available tuition and schedule options.

**HIP HOP ABS ADULT CO-ED EXERCISE CLASSES** at the MLK, Jr. Center Tuesdays and Thursdays from 6:30-7:30pm at the MLK, Jr. Center auditorium. Ages 18 and up. Free. Contact John Coverdell for more information: [jcoverdell@fbfl.org](mailto:jcoverdell@fbfl.org); 904-310-3351.

### **LEISURE ACTIVITIES**

**MEET AND GREETs:** 3rd Thursdays of the month from 11:30 – 1:30pm; locations tba (gatherings are done quarterly) [jcoverdellfbfl.org](http://jcoverdellfbfl.org)

**SENIOR TRIPS:** Leaving from the Atlantic Recreation Center. Join us every month for a day trip or to see a show! Next trip is to **Les Misérables** at Jacksonville Center for the Performing Arts on Sunday, April 6th, 2025. Limited concessions are available at the venue. Register at Atlantic Recreation Center or contact Cassie Smith for more information: [casmith@fbfl.city](mailto:casmith@fbfl.city); 904-310-3353. Pre-registration is required for all trips. Flyers for more details on upcoming trips are available at Atlantic Recreation Center. Prices and dates vary regarding trip locations.

